**Don’t Feed the Diabetes National Diabetes Awareness Month 2021 – Email Copy**

|  | **Email Content** |
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| **SUBJECT LINE** | November is National Diabetes Awareness Month |
| **BODY COPY** | November 1marks the beginning of National Diabetes Awareness Month, a time to bring attention to the diabetes epidemic and connect our neighbors, colleagues, family, and friends to prevention and treatment resources.  In Monterey County, more than 45 percent of adults have prediabetes or type 2 diabetes and, alarmingly, children are being diagnosed with type 2 diabetes at an increasing rate. It’s more important than ever that we all work together to make better choices for healthier living in Monterey County.  [Don’t Feed the Diabetes](https://www.dontfeedthediabetes.com/) keeps our community informed with helpful, local resources and programs to help prevent or manage type 2 diabetes. **Take an opportunity during National Diabetes Awareness Month to:**   1. Learn your risk for type 2 diabetes by clicking [here](https://hipaa.jotform.com/202743774177159/?utm_source=partner&utm_medium=email&utm_campaign=NDM2021) 2. Spread the word by sharing content from [www.DontFeedTheDiabetes.com/NationalDiabetesMonth](http://www.DontFeedTheDiabetes.com/NationalDiabetesMonth)   Together, we can defeat The Beast in Monterey County and keep our community healthy. |